
















# Pattern Toi-Gye




Toi Gye is the pen name of the noted scholar and monk Yi Hwang (16th century AD), an authority on neo-confucianism. The 37 movements of this pattern refer to his birthplace on the 37th parallel.(37 movements).

Starting position	1.turn left, step left foot out	2.step front foot forwards
ready stance type B	L-stance	walking stance
chunbi sogi	L middle inner forearm block	R low upset fingertip thrust
		
3.move left foot to right foot	4.step R foot out to the right	5.step front foot forwards
closed stance	L stance	walking stance
R backfist and L low block	R middle inner forearm block	L low upset fingertip thrust
		

6.move right foot to left foot	7.step L foot forwards	8.don't step
closed stance	walking stance	walking stance
L backfist and R low block	low x-fist pressing block	twin vertical punch
		
9.low front kick	10.R obverse punch	11.don't step
right foot	walking stance	walking stance
step foot into R walking stance		L reverse punch
		
12.step left foot to right foot	13.step R foot turn 90 degrees	14.step L foot turn 180 degrees
turn 90 degrees	sitting stance	sitting stance
feet together hands on hips	W shaped block	W shaped block
		

15.step L foot turn 180 degrees	16.step L foot turn 180 degrees	17.step R foot turn 180 degrees
sitting stance	sitting stance	sitting stance
W shaped block	W shaped block	W shaped block
		
18.step L foot turn 180 degrees	19.step right foot to left foot	20.don't step
sitting stance	step L foot forwards:WS	walking stance
W shaped block	low double forearm block	double grab
		
21.bring hands down	22.turn 180 degrees, step L foot forwards	23.L leg front kick
right leg knee strike	L stance	low section
put feet together	knife hand guarding block	
		

24.don't step	25.Move R leg forwards	26.R leg front kick
walking stance	L stance	low section
L high flat fingertip thrust	R knife hand guarding block	
		
27.don't step	28.step right foot backwards	29.jump forwards
walking stance	L stance	x-stance
R high flat fingertip thrust	R high backfist and L low block	x-fist pressing block
		
30.step right foot forwards	31.turn 90 degrees anti-clockwise	32.step front foot forwards
walking stance	L stance	walking stance
high double forearm block	low knife hand guarding block	R circular block
		

33.step L foot to R foot,turn 180 degrees	34.step right foot forwards	35.pivot on both feet
step R foot forwards:LS	walking stance	turn 180 degrees
R low knife hand guarding block	L circular block	R circular block
		
36.pivot on both feet	37.step left foot outwards	Step right foot to left foot
turn 180 degrees	sitting stance	ready stance type B
L circular block	R middle punch	chunggi sogi
